#### Course Records fall at 2<sup>nd</sup> Annual Delano Park 12 Hour Run

Decatur, Ala. – Amid early morning snow flurries, the Decatur River City Runners hosted the second annual Delano Park 12-Hour Run on March 8<sup>th</sup> at Delano Park in Decatur. The race consisted of multiple laps of the 1.00 mile soft surface loop through the city park. Separate 50K and 50 Mile events were also held on the same course.

Andrew Holton bolted out to an early lead in the men's 12 hour race. He held that lead through 26 miles and completed the marathon distance in 3:26. At that point, he eased his pace and let last year's winner, DeWayne Satterfield, take the lead. DeWayne was followed by Jack McDermott of Tallahassee, FL. Jack sped his pace to 8min/mile and was able to catch DeWayne at the 33 mile mark and by noon had built a one lap cushion. Jack reached 50 miles in an impressive 7:08. DeWayne reached that point in 7:28 followed by Scott Brockmeier in 7:49. The race for second got tight late as Scott pulled within 1 mile of DeWayne but could not break Satterfield. Despite losing 3 toe nails, Jack McDermott won the men's race and broke the course record by completing 78 miles. Rumors are that Jack will tackle the 100 mile distance next and should be a force to be reckoned with as he was on pace to do a sub16 hour 100.

Sarah Almodovar dominated the women's race early on. She cruised through 50 miles in 7:50 with a 45 minute lead. At 9 hr 45 min in, Sarah called it quits after 60 miles as she had a long drive followed by work the next day. 35 minutes later, Liz Bauer-Walker of Plainville, GA reached 60 miles and took the lead. She kept strong and steady to go on to complete 69 miles and better the female course record by 11 miles.

The "Four Guy Century" relay team of Eric Charette (Huntsville), John Nevels (Decatur), Dink Taylor (Huntsville), and Eric Schotz (Decatur) won the relay division by logging 103 miles during the 12 hours. This effort shattered the previous relay record of 64 miles. The team switched runners every 3 to 6 miles.

Rob Youngren of Huntsville won the 50 mile event in 7:15:04. The 50k winners were Mike McNeill of Sanford, NC and Kathy Youngren of Huntsville.

Net proceeds from the race will be donated to Friends of Delano Park for the Playground for all Children project. Race partners and sponsors include The Junior League of Morgan County, Westminster Presbyterian Church, Pepsi Bottling of Decatur, Kroger, Big Bob Gibson's, Domino's and Fleet Feet of Huntsville.

# 12 Hour Individual Results

Place	Name		Age	City	State	Milea	ıge
1	Jack	McDermott	39	Tallahassee	FL	78	(CR)
2	DeWay	ne Satterfield	43	Huntsville	AL	75	
3	Scott B	rockmeier	45	Plainville	GA	73	
4	Liz Bau	er-Walker	48	Plainville	GA	69	(CR)
5	Edward	Daly	41	Natchez	MS	62	
6	Wayne	Heckler	58	Huntsville	AL	61	
7	Sarah	Almodovar	31	Asheville	NC	60	
8	Andrew	Holton	40	Pine	CO	59	
9	Tony	Branam	50	Jacksboro	TN	56	
10	Donald	Landry	62	Montreal	Quebec	55	
11	Juanita	Gibson	44	Atlanta	GA	53	
12	Charles	Thomsen	57	Tallahassee	FL	53	
13	Cliff	Rogers	49	Ellsworth	ME	52	
14	Ronald	Woodall	49	Decatur	AL	51	
15	Cheryl	Murdock	57	Pensacola	FL	51	
16	Blake	Thompson	26	Fayetteville	TN	50	
17	Michael	l O'Melia	46	Hampton Cove	AL	50	
18	Frederic	ck Davis III	59	Bedford	OH	50	
19	Lisa	Allen	44	Peyton	CO	50	
20	Patrick	Flanagan	23	Brentwood	TN	49	
21	Marion	Landry	63	Montreal	Quebec	46	
22	Leslie F	Holton	39	Pine	CO	45	
23	Raymor	nd Scharenbrocl	k 74	S. Milwaukee	WI	41	
24	Bobby	Lockhart	40	New Tazewell	TN	40	
25	Larry	Robbins	64	Kennesaw	GA	40	
26	William	Kelch	62	Knoxville	TN	37	
27	Ned	Jones	45	Huntsville	AL	32	
28	Phillip	Hilton	40	Decatur	AL	30	
29	Tim	Vinson	43	Madison	AL	29	
30	Mary	Leitnaker	54	Knoxville	TN	27	
31	Madelin	e Hardacre	38	Decatur	AL	20	
32	Ben	Simmons	22	Tuscaloosa	AL	16	
33	Em	Barran	35	Decatur	AL	14	
34	Jill	Barran	31	Decatur	AL	12	

CR = Course Record

# 12 Hour Relay Results

Pla	ace Team Name (Team Members)	Mileage
1	Four Guy Century (Charette, Taylor, Nevels, Schotz)	103 (CR)
2	Three Air Force Officers and a Preacher (Ingram,Bethel,Genin,Marion)	81
3.	Team Eminger (Corey,Chuck,Barb Eminger)	60
4.	Running Wild (3M Decatur Running Club) (McClellan, Anderton, Ooi)	59

#### **50 Mile Results**

Place	Name	Age	City	State	Time
1	Robert Youngren	33	Huntsville	AL	7:15:04
2	Jay Magiera	41	Plattsburgh	NY	9:18:04
3	Eric Sutton	43	Montgomery	AL	10:23:25

### **50 Kilometer Results**

Place	Name	Age	City	State	Time
1	Mike McNeill	36	Sanford	NC	5:26
2	John Lowry	29	Birmingham	AL	5:25 *
3	Michael Montgomery	60	Franklin	TN	6:09 *
4	Kathy Youngren	33	Huntsville	AL	6:18 *
5	Andrew Colee	61	Valparaiso	FL	6:26 *
6	John Schauman	35	Plattsburgh	NY	6:40 *

<sup>\*</sup> Switched from 12 hr or 50 mile event.