

# Spirit of America 5 Mile Run Course



**Decatur, Alabama**

Point Mallard Park

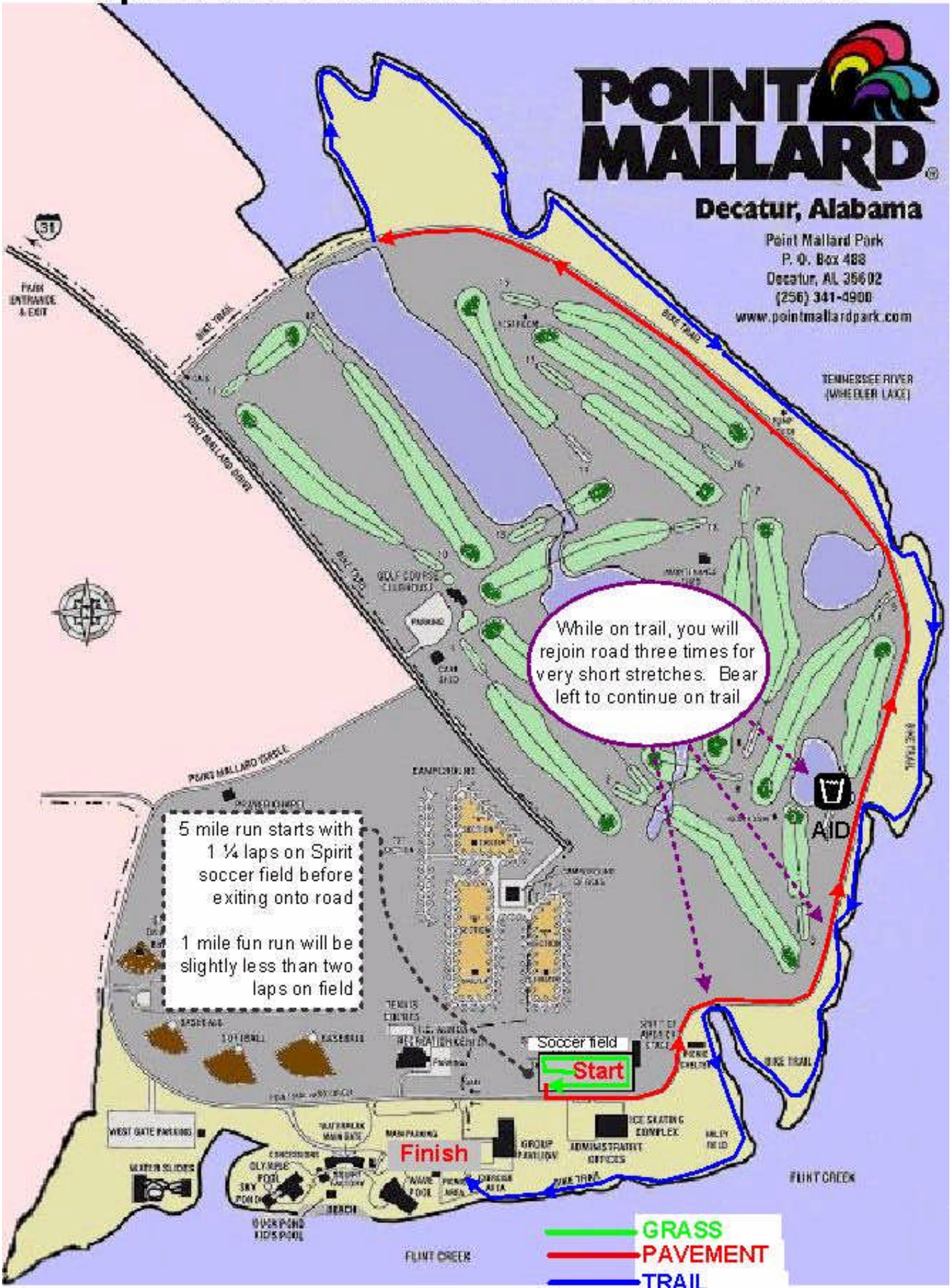
P. O. Box 488

Decatur, AL 35602

(256) 341-4900

[www.pointmallardpark.com](http://www.pointmallardpark.com)

TENNESSEE RIVER  
(WHEELER LAKE)



While on trail, you will rejoin road three times for very short stretches. Bear left to continue on trail

5 mile run starts with 1 1/4 laps on Spirit soccer field before exiting onto road

1 mile fun run will be slightly less than two laps on field

**Start**

**Finish**

- GRASS
- PAVEMENT
- TRAIL