

### 3M RIVER CITY RUN 2018 REGISTRATION

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Gender \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ Age(on 4/7) \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

- Before 3/26 (\$20): 10K \_\_\_ 5K \_\_\_
- After 3/25 (\$25): 10K \_\_\_ 5K \_\_\_
- Both: Pre 3/26 (\$25) \_\_\_ After 3/25 (\$30): \_\_\_
- **Race Day- 10K or 5K \$30; Both races \$40**
- Fun Run (0.65mile): Before 3/26 (\$7) \_\_\_  
After 3/25 & race day (\$10): \_\_\_
- Adult Shirt (Circle): S M L XL XXL
- Youth Shirt (Circle): YS YM YL

### Required Race Waiver

I certify that I have decided to participate in the 10K, 5K, or Fun Run with the full knowledge that being physically fit and sufficiently trained is necessary to prevent injury to myself. I and my heirs, devisees, executors, administrators and assigns hereby release, remise, waive and forever discharge any and all claims against River City Runners, Inc., 3M Company, Hospice of the Valley, River City Run, Point Mallard Park, City of Decatur and all of their employees, agents or representatives, arising out of my participation in either the 10K, 5K, or Fun Run. I also agree that if the event is canceled for any reason that the entry fees are non-refundable.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Form must be signed/dated by Parent/Guardian if under 18

Mail registration fee and form  
(postmarked April 3<sup>rd</sup>) to:

**RCR c/o Jon Elmore**  
**3428 Tanglewood Dr SW**  
**Decatur, AL 35603**

**Check made out to:**

**River City Runners**

Register online at [active.com](http://active.com)

And all our other generous sponsors



### Packet Pickup and Late Registration

#### Fleet Feet Huntsville

Friday, April 6<sup>th</sup> : 11am – 2pm

#### T.C. Almon Building, Point Mallard Park

Friday, April 6<sup>th</sup> : 5:30 – 7:00 p.m.

Saturday, April 7<sup>th</sup> : 6:30 – 8:00 a.m.

5K late registration ends at 7:15 a.m.

10K late registration ends at 8:00 a.m.

Fun Run late registration ends at 8:00am

For more information, contact: Jon Elmore

256-476-3517 or [jkla5@att.net](mailto:jkla5@att.net)

Special Thanks to our Title Sponsor:



And all our other generous sponsors



# 3M RIVER CITY RUN

Benefitting



Saturday, April 7, 2018

5K- 7:30am

10K- 8:15am

Fun Run - 0.65mile  
8:30am

T.C. Almon Recreation Center  
Point Mallard Park  
Decatur, AL

\$

**\$1200 PRIZE MONEY  
For 10K RACE**

Register online at [active.com](http://active.com)



A River City Runners Club event  
[www.rivercityrunners.org](http://www.rivercityrunners.org)

## RACE INFORMATION

For over three decades, the 3M River City Run has been one of North Alabama's most anticipated Spring RRCA runs. Runners can participate in the 10K, 10k & 5K, or all ages in the Fun Run. The 10K and 5K courses are flat and fast. The first four miles of the 10K are run through quiet residential streets. The finish of the 10K and the entire 5K is run on the golf course perimeter road which runs along the beautiful Tennessee River. The 5K course is an out-and-back and the 10K is a loop. The Fun Run is a loop of the Spirit Field.

If you can run a sub 45 minute 5K you can also run the 10K race. Special award for **FASTEST "DOUBLE"**.

### 10K Run

Registration Fees: Before March 26 - \$20;  
March 26 – April 6 - \$25; Race day \$30

Start Time: 8:15 a.m.

USATF Certified Course, Chip Timing, Awards presented to: Top 3 Male & Female, 1st Masters and 1st Grand Masters; Male and Female; 5 year Age Groups. **Fleet Feet** Gift Cards to age group winners Prize money- top 3: \$250, \$150, \$100. Masters and Grandmasters: \$50

### 5K Run

Registration Fees: Before March 26 - \$20;  
March 26 – April 6 - \$25; Race day \$30

Start Time: 7:30 a.m.

USATF Certified Course, Chip Timing, Awards presented to: Overall, Masters and Grand Masters; Male and Female; 5 year Age Groups.

**Fleet Feet** Cards to age group winners.

### Fun Run (0.65 mile) Loop of Spirit Field

Registration Fees: Before March 26 - \$7;  
March 26 – April 7- \$10

Start Time: 8:30 a.m.

Non-certified Course; Awards presented to 1st male and female. All runners age 12 and under receive Finisher's Ribbons.

### Registration Information

Register online at [active.com](http://active.com) or mail fees and form to: RCR c/o Jon Elmore, 3428 Tanglewood Dr SW, Decatur AL 35603 Postmarked by April 3rd.

### T-Shirt and Award information

High performance fabric T-shirts will be given to the first 250 (10K and 5K) entrants. Cotton shirts will be given to Fun Run participants. Register early to guarantee shirt size. Awards Ceremony at 9:30 a.m. inside T.C Almon Rec Center.