

Course is out and back, ~3.1 mile (Runners can extend to 4 miles by turning left onto Market Street at turn-around)

- **Start and Finish at the Cross-Eyed Owl sign (XEO is at corner of Moulton St. and 1st Ave NE)
- Head south on 1st Ave, immediately turn west onto Moulton Street
- Turn right onto bike / walk path in front of the railroad and follow path behind county jail to Lee Street
- Turn left onto Lee Street, follow it around the bend then turn left on Cain Street (becomes Railroad St.)
- Run up Railroad Street watch for entrance to pedestrian bridge over RR tracks (on left) as you near Wilson Street
- After exiting pedestrian bridge, continue northeast towards and then under Wilson Street using tunnel
- Continue northeast after tunnel, then turn left on Market St to the ramp of the next pedestrian bridge
- Turn (u-turn) onto pedestrian bridge ramp, go over tracks; at bottom of ramp jog to the right to continue on Market St
- Turn left onto Canal Street and then right (into parking lot) just before reaching the Rhodes Ferry pavilion
- At end of pavilion transition onto walkway; follow the walkway along the RR tracks and then turn right near corner of the park, then straight until path opens up next to the parking areas turn around and return the same way (or cut over to Bank Street on the return for a little variety)